**Programme of the training course** “1 on 1: Interpersonal relationship in youth work" 13th to 22nd of December, 2015 in Lithuania

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| **Day 1, Dec 13** | **Day 2, Dec 14** | **Day 3, Dec 15** | **Day 4, Dec 16** | **Day 5, Dec 17** | **Day 6, Dec 18** | **Day 7, Dec 19** | **Day 8, Dec 20** | **Day 9, Dec 21** |  **Day 10, Dec 22** |
| Arrival of participants | Introduction to the training course: context, aims and objectives | Local young people with whom we work. Sociological picture of young people | Values and value education in NFE and youth work | Youth worker competence self- evaluation | Emotional intelligence | Sharing best practices from organizations. Case study analysis of individual youth work situations | Erasmus + program as a tool for cooperation and individual youth work | Improving project ideas and planning commitments with other participants | Departure of participants |
| 11:30-12:00 | **Coffee break** |
|  | Creating learning environment.Group building | Understanding the inner and outer world of young people. Age groups | My values as youth worker | Methodological approaches in youth work | Individual youth work | Couching and mentoring in EVS | Quality criteria of the Erasmus + program | Youthpass reflection |
| 13:30-15:00 | **Lunch** |
| Knowing the place and accommodating. Dealing with logistical issues | Presentation of organizations and their local context and reality | Sociological and Psychology. Specific needs and values of different youth age groups | Values and my behaviour | Free afternoon | Conflict resolution theories and practice | Transfer of knowledge gained to local reality | Creating ideas for future cooperation with other participants | Planning future action |
| 16:30-17:00 | **Coffee break**  |
| Welcome aperitif, knowing each other, small introduction to the venue | Youth work in historical and socio-cultural context | Theories of youth age psychology | Professional ethics of youth work | Free afternoon | Couching and counselling. Experiencing in practice | Sharing best practices from organizations. Case study analysis of individual youth work situations. | Creating ideas for future cooperation with other participants. | Evaluation of the training course |
| Meeting in mentor groups |  |
| 19:00 | **Dinner** |
| Social evening | Intercultural evening | Sauna evening | Movie evening | Game evening | Dinner in town | Free evening | Free evening | Farwell evening |